

Field of Action 1: Information, Communication, Motivation

## AF1.MS11: Training opportunities in the area of bicycle transport

Implementation effort:





Acceptance:





## **Description:**

By offering trainings in the area of bicycle transport it becomes clear that the bicycle is a perfect alternative to the car with regard to commuting to work.

Topics for possible trainings are:

- · Cycling and health
- · Bicycle as economic factor
- Bicycle and family
- Road safety trainings
- Bicycle maintenance



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## Tips for implementation:

- Inform all employees in time of planned events
- · Screen for possible events that might be organised by the city/municipality

## Save time and money by:

- Create a pool of external experts for trainings
- Cooperate with local health and sport institutions
- Contact local/regional experts for trainings (e.g. business development agency)

